

BRAIN A JOURNAL OF NEUROLOGY

Neurophysiological signatures of Alzheimer's disease and frontotemporal lobar degeneration: pathology versus phenotype

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The disruption of brain networks is characteristic of neurodegenerative dementias. However, it is controversial whether changes in connectivity reflect only the functional anatomy of disease, with selective vulnerability of brain networks, or the specific neurophysiological consequences of different neuropathologies within brain networks. We proposed that the oscillatory dynamics of cortical circuits reflect the tuning of local neural interactions, such that different pathologies are selective in their impact on the frequency spectrum of oscillations, whereas clinical syndromes reflect the anatomical distribution of pathology and physiological change. To test this hypothesis, we used magnetoencephalography from five patient groups, representing dissociated pathological subtypes and distributions across frontal, parietal and temporal lobes: amnestic Alzheimer's disease, posterior cortical atrophy, and three syndromes associated with frontotemporal lobar degeneration. We measured effective connectivity with graph theory-based measures of local efficiency, using partial directed coherence between sensors. As expected, each disease caused large-scale changes of neurophysiological brain networks, with reductions in local efficiency compared to controls. Critically however, the frequency range of altered connectivity was consistent across clinical syndromes that shared a likely underlying pathology, whilst the localization of changes differed between clinical syndromes. Multivariate pattern analysis of the frequency-specific topographies of local efficiency separated the disorders from each other and from controls (accuracy 62% to 100%, according to the groups' differences in likely pathology and clinical syndrome). The data indicate that magnetoencephalography has the potential to reveal specific changes in neurophysiology resulting from neurodegenerative disease. Our findings confirm that while clinical syndromes have characteristic anatomical patterns of abnormal connectivity that may be identified with other methods like structural brain imaging, the different mechanisms of neurodegeneration also cause characteristic spectral signatures of physiological coupling that are not accessible with structural imaging nor confounded by the neurovascular signalling of functional MRI. We suggest that these spectral characteristics of altered connectivity are the result of differential disruption of neuronal microstructure and synaptic physiology by Alzheimer's disease versus frontotemporal lobar degeneration.

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Keywords: effective connectivity; magnetoencephalography; Alzheimer's disease; frontotemporal dementia; dementia

Received September 15, 2017. Revised April 27, 2018. Accepted May 17, 2018. Advance Access publication July 9, 2018

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Abbreviations: bvFTD = behavioural variant frontotemporal dementia; FTLD = frontotemporal lobar degeneration; MEG = magnetoencephalography; MVAR = multivariate autoregressive modelling; navPPA = non-fluent agrammatic variant of primary progressive aphasia; PCA = posterior cortical atrophy; PDC = partial directed coherence; PSP = progressive supranuclear palsy

Introduction

The impact of neurodegeneration can be understood in terms of its effect on the structure and function of brain networks. For example, there are structural anatomical fingerprints for Alzheimer's disease and frontotemporal dementia, and disease-specific changes in their functional connectivity with 'epicentres' of disease (Seeley *et al.*, 2009; Zhou *et al.*, 2010; Crossley *et al.*, 2014). Moreover, the distribution of abnormal connectivity mirrors the anatomical and functional networks in health, suggesting selective vulnerability of brain networks to neuropathology (Pievani *et al.*, 2011).

The evidence for network-specific changes in major human dementia syndromes comes largely from functional MRI. However, MRI indirectly examines the physiological consequences of neuropathology. For example, in Alzheimer's disease misfolding and aggregation of amyloid-\beta and microtubule-associated protein tau (MAPT), occur in a cascade that ultimately impacts on synaptic function and cell survival (Spires-Jones and Hyman, 2014). Functional MRI can detect the late consequences of this cascade on connectivity (Bullmore and Sporns, 2009; Fornito et al., 2015), but it is limited by slow and indirect neurovascular signalling (Hillman, 2014; Tsvetanov et al., 2015). In contrast, magnetoencephalography (MEG) and EEG offer a temporal resolution that can resolve changes in neural dynamics that are indistinguishable by functional MRI, and that are independent of effects of age or medication on the neurovascular response (de Haan et al., 2012a; Hughes et al., 2013; Tsvetanov et al., 2015).

Clinical research applications of EEG have reported features that distinguish Alzheimer's disease from controls (Triggiani *et al.*, 2017); predict the conversion from mild cognitive impairment to dementia (Poil *et al.*, 2013); and provide pre-symptomatic markers of autosomal dominant disease (Quiroz *et al.*, 2011). In contrast, clinical EEGs of frontotemporal dementia are often regarded as normal, although abnormalities at the group level have been shown (Chan *et al.*, 2004). Beyond clinical applications, the spectral and spatial resolution of MEG and EEG enables one to test key hypotheses of human neurodegeneration; identifying the reorganization of networks in dementia; and providing potential biomarkers for diagnosis, prognosis or drug response (Hughes and Rowe, 2013; Hughes *et al.*, 2013, 2015; Maestu *et al.*, 2015).

Here, we exploit the spatiotemporal precision of MEG to build on preclinical models of dementia, and determine the specificity of pathophysiological signatures of Alzheimer's disease pathology versus frontotemporal lobar degeneration (FTLD). For example, transgenic rodent models of Alzheimer's disease have indicated specific alterations in fast network dynamics, resulting in loss of gamma power (30+Hz) in cortical and hippocampal local networks (Kurudenkandy et al., 2014). Analogous changes in network dynamics can be identified in humans, noting that the distribution of disease can vary between early medialtemporal lobe changes in typical Alzheimer's disease, versus an occipito-parietal focus in the posterior cortical atrophy (PCA) variant (Selkoe, 2002; Crutch et al., 2012; Pena-Ortega et al., 2012). The behavioural variant of frontotemporal dementia (bvFTD), on the other hand, is often associated with tauopathy in the absence of amyloid- β , for which electrophysiological recordings in rodent tauopathy models indicate power reductions in the lower frequency bands; alpha (8-13 Hz) and beta (14-30 Hz) (Koss et al., 2016). FTLD also encompasses the non-fluent agrammatic variant of primary progressive aphasia (navPPA) and progressive supranuclear palsy (PSP, Richardson's syndrome), which are both most commonly caused by primary tauopathy but which differ in the severity and location of atrophy (Ghosh et al., 2012; Mandelli et al., 2016).

Our overarching hypothesis was that different neuropathologies have characteristic physiological signatures, which reflect both the anatomical distribution of pathology and their impact on the oscillatory dynamics of cortical circuits. We predicted that typical Alzheimer's disease and PCA would differ in the localization of their functional effects, but that the changes in oscillatory dynamics within affected regions would be similar. In contrast, we predicted that three subtypes of FTLD would have different spectral and spatial properties compared to Alzheimer's disease, while their spectral properties may be similar to each other albeit in different spatial distributions and with distinct clinical phenotypes. The significance of MEG-based differentiation of these five syndromes is not primarily for utility as a diagnostic biomarker, in competition with other biomarkers. Rather, it lies in establishing their pathophysiological signatures in humans in vivo, extending the network paradigm of neurodegeneration to the spectral domain, and validating translational models of disease.

Our principle measure of network function was local efficiency, which indicates a network's local information transfer and resilience (Bullmore and Sporns, 2009; Stam, 2014). This measure is therefore ideally suited to examine the effect of degenerative syndromes associated with regional variations in pathology. Note that locality here refers to topological locality, and not Euclidean locality or physical proximity. The reorganization of brain networks can also be measured in terms of global properties (e.g. small worldness), or the changes in the properties of hub regions that are critical for effective long-range integration (Crossley *et al.*, 2014). However, we focus on local efficiency as although neurodegeneration is diffuse, it is not uniformly distributed: both frontotemporal dementia and Alzheimer's disease variants like PCA manifest clear regional specificity, in keeping with their nomenclature. Moreover, a potential advantage of the neurophysiological approach is greater sensitivity to network reorganization before extensive cell death leads to atrophy (Knight and Verkhratsky, 2010; Palop and Mucke, 2010; Hughes *et al.*, 2013).

Materials and methods

Participants

Patients were enrolled from tertiary clinics at Cambridge University Hospitals NHS Trust. Patients with Alzheimer's disease included 13 with typical Alzheimer's disease (McKhann et al., 2011) and 11 with PCA (Crutch et al., 2012). Patients with clinical syndromes associated with FTLD comprised 13 patients with bvFTD (Rascovsky et al., 2011), all with abnormal structural MRI and evidence of progression; 15 with PSP (Litvan et al., 1996) and 11 with navPPA (Gorno-Tempini et al., 2011). The PSP cases meet the definition for probable or definite PSP-Richardson's syndrome under the revised diagnostic criteria (Höglinger et al., 2017). Fifteen healthy adult participants were recruited (11 males; age 59-85 years) with no history of neurological or psychiatric illness. The study was approved by the local Research Ethics Committee and written informed consent was obtained in accordance with the standards of the Declaration of Helsinki. Patients undertook the Mini-Mental State Examination (MMSE) and the revised Addenbrooke's cognitive examination (ACE-R). The clinical and cognitive features of the patients are summarized in Table 1.

Experimental design and data acquisition

Figure 1 illustrates the flow of the processes involved in the data acquisition, preprocessing and analysis. All participants rested with their eyes closed while MEG was continuously recorded at 1 kHz sampling rate from 204 planar gradiometers using a Vectorview system (Elekta Neuromag) within a magnetically shielded room. The first 30-40s of data were discarded to allow the participant to settle, resulting in 4 min of data per participant. Horizontal and vertical electrooculograms (EOG) were recorded and the participants' head position was tracked with five head position indicator coils, localized in 3D together with ~ 100 head points for anatomical registration using a 3D digitizer (Fastrak Polhemus, Inc.). The removal of environmental artefacts and head position alignment used the temporal extension of Signal Space Separation (tSSS) with Elekta-Neuromag MaxFilter v.2.2. Oculomotor artefacts were removed by independent component analysis, followed by projection out of the data of those independent components that correlated highly with either of the two EOG signals (typically

1-3 independent components per participant) (Gonzalez-Moreno *et al.*, 2014).

To examine the effect of neurodegeneration on network connectivity, we applied multivariate autoregressive modelling (MVAR) to the root mean square of the two planar gradiometers at each of the 102 locations around the head. One advantage of MVAR is that it ignores zero-lag correlations, which include those arising from volume conduction of a single brain source to multiple sensors. This reduces the need for source reconstruction of the MEG data; an inverse problem that cannot be solved without additional assumptions.

To reduce dimensionality and zero-lag co-linearity, and increase Gaussianity, we performed principal components analysis on the root mean square data and retained the first 60 principal components (which accounted for over 99% of the total variance). The MVAR was fitted to the lagged covariance matrices using the Vieira-Morf method. For MVAR modelling, an important step is to specify the model order, p (i.e. the number of past samples needed to predict the current sample). To find the optimal balance between model fit and complexity, we used the Bayesian information criterion, which resulted in an optimal model order of p = 8 for all groups. To test whether the data were stationary we used the stability index: data are stationary if and only if stability index < 0. This confirmed that the MVAR modelling did not significantly deviate from stationarity in any participant.

After projecting the fitted MVAR parameters back into sensor space, we estimated partial directed coherence (PDC) (Baccalá and Sameshima, 2001; Schelter *et al.*, 2006; Williams *et al.*, 2014) between all 102 sensor locations. PDC is a frequency-specific measure of connectivity that preserves the directionality of interactions, and has been shown to provide good reliability for group studies (Colclough *et al.*, 2016). PDC was estimated every 0.1 Hz from 1 to 80 Hz to create a 102×102 matrix for each of 800 frequencies, using the significance for which the *P*-values threshold was then binarized by taking the top 15% of significant connections for each frequency bin (i.e. a threshold of 85%, based on simulations below). The binary connectivity matrices were then used to estimate local efficiency for each node (location) and frequency.

Simulations

To validate the ability of MVAR modelling to detect local network difference in functional segregation, we created 20 source-level networks with low mean local efficiency and 20 with high mean local efficiency. Each of the networks had six sources that differed in which six of the possible 30 connections existed. The sources corresponded to dipoles positioned on the cortical surface of a single-subject brain that was warped to MNI space. The dipoles were those closest to points in left and right prefrontal cortex (MNI coordinates of $[\pm 60 + 10 + 20]$), left and right parietal cortex (MNI coordinates of $[\pm 50 - 70 + 30]$) and left and right ventral temporal cortex (MNI coordinates of $[\pm 30 - 70 \ 0]$). Multivariate time series of samples, with a sampling frequency of 1 kHz, were generated from an MVAR process with a zero-mean, unit variance independent Gaussian innovation for each source. These time series were then projected through a forward model that was based on a deformed sphere approximation to the individual's inner skull surface, which had been co-registered with the MEG sensors from a real recording from the Elekta

Group	Controls	tAD	РСА	BvFTD	NavPPA	PSP-RS
n	15	13	H	13	11	15
Age	66.3 ± 5.9	$\textbf{71.3} \pm \textbf{7.4}$	$60.5 \pm \mathbf{4.5^{*}}$	64.3 ± 6.9	72 ± 8.7	$\textbf{67.9} \pm \textbf{6.5}$
MMSE (0-30)	$\textbf{29.4} \pm \textbf{0.7}$	$25.0 \pm 3.2^{***}$	19.6 ± 6.0***	$\textbf{24.6} \pm \textbf{3.8}^{\texttt{***}}$	$\textbf{27.9} \pm \textbf{2.2}^{*}$	$\textbf{27.0} \pm \textbf{2.8}^{\texttt{**}}$
ACE-R (0-100)	$\textbf{96.5} \pm \textbf{4.4}$	$\textbf{71.5} \pm \textbf{8.2}^{\texttt{***}}$	$53.7 \pm 21.3^{***}$	71.8 ± 14.8***	$\textbf{84.3} \pm \textbf{11.6}^{\texttt{**}}$	$\textbf{83.2} \pm \textbf{7.9}^{\texttt{***}}$
ACE-R memory (0-26)	25.2 ± 1.0	$12.7\pm3.6^{*\!*\!*}$	$13.6\pm7.8^{***}$	$17.9 \pm 5.5^{***}$	$\textbf{21.6} \pm \textbf{6.9}$	$\textbf{22.0} \pm \textbf{4.0}^{\texttt{**}}$

Table I	Clinical and	neuronsvo	hological	data for	natient	narticinants
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Data are presented as mean \pm SD.

ACE-R = revised Addenbrooke's Cognitive Examination, total (0–100) and its memory subscale (0–26); MMSE = Mini-Mental State Examination; RS = Richardson's syndrome; tAD = typical amnestic Alzheimer's disease.

Differences between each patient group and controls: *P < 0.05; **P < 0.01; ***P < 0.001 uncorrected.

VectorView system. We added independent Gaussian noise to each of the simulated gradiometer time series, with a variable signal-to-noise ratio (SNR) based on the standard deviation (SD) of signal to noise, with SNR values of [0.1, 1, 3, 10, Inf] (where Inf means no added sensor noise). We then fitted the sensor-level data with an MVAR model, and generated PDC matrices to assess whether sensor-level networks preserved differences in mean local efficiency of the underlying source-level networks. These assessments were performed with PDC matrices binarized with thresholds of 85%, 95%, and 99%, respectively.

Statistical analysis

To correct for multiple tests across sensors and frequencies in the MEG analysis, we projected the 102 sensor locations onto a 2D plane, and interpolated their local efficiency values onto a 64×64 grid using SPM8 (http://www.fil.ion.ucl.ac.uk/spm), resulting in a 3D scalp \times frequency image (64 \times 64 \times 800), which was smoothed with a Gaussian kernel $(8 \text{ mm} \times 8 \text{ mm} \times 8 \text{ Hz})$. Pairwise differences between groups were then assessed with Statistical non-Parametric Mapping (SnPM, http://warwick.ac. uk/snpm), which used 5000 permutations to generate pseudo-T distributions that are robust to small sample sizes and do not assume Gaussian error. A cluster-based extension was implemented to detect statistically significant clusters on t-maps (Hayasaka and Nichols, 2004). The cluster value was set to conform to the 95th percentile of the data-driven distribution, and significant clusters were set to P < 0.05. For interpretation, the frequencies were subdivided into delta (<4 Hz), theta (4-7 Hz), alpha (8-13 Hz), beta (14-30 Hz), gamma (30-50 Hz), and highgamma activity (>50 Hz) bands.

Classification of participants

In the final analyses, we used multivariate pattern classification to identify the distinctions between two or more groups, enabling subject-specific group assignment based on the spatio-spectral characteristics of the networks' local efficiency. Pattern recognition was implemented in MATLAB (R2012b; Mathworks, Natick, MA) using the Mania toolbox (https:// bitbucket.org/grotegerd/mania), which incorporates the LIBSVM software library for the kernel-based support vector classification used (https://www.csie.ntu.edu.tw/~cjlin/libsvm/). Support vector machines automatically calculate decision boundaries (hyperplanes) in a high-dimensional feature space based on training data with known outcome; new data

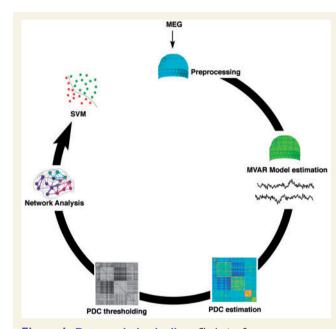


Figure 1 Data analysis pipeline. *Clockwise from top*: Preprocessing, to remove biological artefacts using MaxFilter and independent component analysis denoising; estimation of effective connectivity using MVAR; compiling the association matrix between sensors by PDC; applying a statistical threshold to create a binarized graph, represented by the connectivity matrix; graph network analysis to estimate local efficiency; and group classification using a support vector machine (SVM).

are then placed into this space and outcome (prediction accuracy) determined according to its position relative to the hyperplane.

We used linear kernels for the support vector machine classification with parameters bounded between (0,1).

Before classification, we extracted low dimensional data features to improve performance, by using (i) a Z-statistic that was calculated over every voxel; and (ii) principal components analysis of the 3D frequency \times scalp image of local efficiency. We applied leave-one-out cross-validation, iteratively dividing the data into separate training and testing sets with balanced groups and re-ran this iteration 10-fold to ensure stability. Finally, the classification performance from the support vector machine is described in terms of the area under the curve (AUC) of a receiver operating characteristic (ROC).

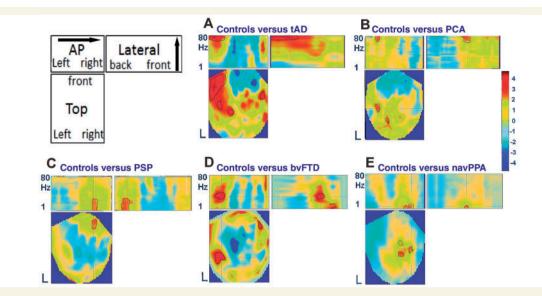


Figure 2 3D scalp-frequency images of local efficiency. The schematic (*top left*) indicates the three projections: the topography (Top) for each frequency (1–80 Hz), an anterior-posterior (AP) projection, separating frequency but collapsing over left–right axis, and a 'lateral' view, separating by frequency but collapsing over anterior-posterior axis. The five subplots (A-E) indicate the T-value for the difference in local efficiency for each patient group versus controls (colour bar on *right*). The cross-hair shows the peak T-statistic, while the black outline indicates regions surviving a cluster-corrected threshold of P < 0.05.

Results

A summary of demographic and clinical measures for the patient groups is reported in Table 1. Across the five clinical groups and controls, there was a group-wise difference in age P < 0.05. However, Tukey HSD tests and Holm correction for multiple comparisons, confirmed that only the PCA group were distinct in age, being younger (Table 1). All groups differed from controls in MMSE and ACE-R scores, as expected (Table 1).

Figure 2 shows sections through the 3D scalp frequency images of statistical differences between groups in local efficiency. Compared to healthy control subjects, patients with typical Alzheimer's disease reduced local efficiency over temporal cortex (Fig. 2A). This effect was not equivalent across all frequencies, but was observed in the gamma range. The PCA variant of Alzheimer's disease also caused a similar reduction in gamma band local efficiency, but in a different distribution that lay over more posterior regions (Fig. 2B).

A physiologically distinct signature was observed for the FTLD syndromes. For both PSP and bvFTD (Fig. 2C and D), local efficiency was reduced in lower frequencies, extending from delta through alpha to low gamma. These changes were evident over frontal cortex. While navPPA showed a similar reduction at low frequencies particularly in the delta/theta range, the distribution of the changes was different to that seen in bvFTD and PSP, focused on centroparietal regions (Fig. 2E).

Figure 3 shows ROCs for each binary classification of patient groups, based on the spatial and spectral

distributions of local efficiency. Across all the comparisons of Alzheimer's disease variants versus FTLD variants, classification performance (AUC) ranged from 0.78 to 1. AUC for distinguishing between the two Alzheimer's disease variants typical Alzheimer's disease and PCA was 0.74, while that for distinguishing the three frontotemporal dementia variants ranged from 0.62 (bvFTD versus PSP) to 1 (bvFTD versus navPPA).

Supplementary Fig. 1 shows ROCs for classification of each patient group versus controls, based on the spatial and spectral distributions of local efficiency. The difference was highest for bvFTD group followed by typical Alzheimer's disease, with classification performance (AUC) at 0.96 and 0.85, respectively, and above-chance lower classification rates for PSP (0.76), navPPA (0.63) and PCA (0.60).

From the simulations, we confirmed that differences in mean local efficiency of the source-level networks were preserved in mean local efficiency of the corresponding sensorlevel networks, at least for SNR levels of 3 and above when thresholding at 85% and 95% (Supplementary Table 1). Supplementary Fig. 2 illustrates this graphically on an example of a low mean local efficiency and a high mean local efficiency network.

Data availability

Anonymized data will be shared on request from a qualified investigator for purposes of replicating procedures and results, and will be shared on request from a qualified investigator for other non-commercial research purposes within the limits of participants' consent.

Discussion

We have identified distinctive neurophysiological signatures associated with five neurodegenerative disorders resulting from Alzheimer's disease and FTLD. The signatures are characterized in terms of both the spatial and frequency profiles of local efficiency in brain networks (local in topological terms). The anatomical distribution of changes in local efficiency across the five syndromes was predicted by the functional anatomy of their principal cognitive deficits. However, the disorders were also distinguished by their spectral pattern of connectivity, according to the likely underlying neuropathology.

In recent years the majority of MEG-based dementiarelated studies have focused on potential diagnostic or prognostic biomarker utility (Stam, 2014). We confirm that the spectral dynamics and topography of local efficiency enabled classification of patients using a simple machine-learning approach, with highest accuracy for classification between disorders. However, in the following discussion, we evaluate our results in relation to Alzheimer pathology, FTLD and the insights into pathogenic mechanisms from a network-based approach.

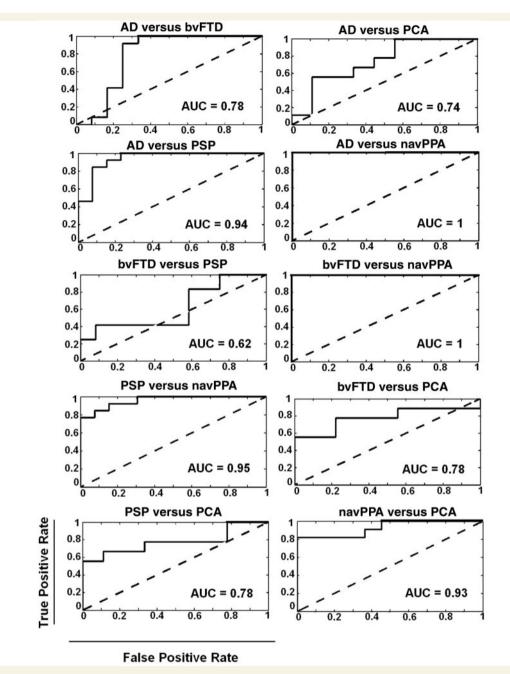
We focus on local network efficiency as one of the strongest indicators of underlying pathology in Alzheimer's disease and frontotemporal dementia (Stam, 2014; Medaglia et al., 2017). Other graph network metrics have been reported to be sensitive to the effects of neurodegeneration, including measures of global integration or organization. For example, previous MEG studies have shown the importance of network modularity and of hub connections in Alzheimer's disease (de Haan et al., 2012b; Stam, 2014), while a multi-layer frequency-band approach reveals the disruption of hubs in Alzheimer's disease patients (Yu et al., 2017). Recent simulations demonstrate the link between directed functional connectivity and hubs (Moon et al., 2015; Meier et al., 2017). This challenges the simple dichotomy between 'local' or 'global' integration, as hubs are themselves unevenly distributed yet influence global connectivity (Stam, 2014). Conversely, the changes in local efficiency we observed in Alzheimer's disease are widespread across the brain. Distributed changes in local efficiency metrics may also contribute to part of the frequently reported change in global efficiency and hub connectivity in multiple neurological disorders (Crossley et al., 2014). For example, closeness centrality is a characteristic of hubs that is directly proportional to their local efficiency (Sporns et al., 2007). Our results highlight the distributed disruption of characteristic spectral signatures of physiological coupling in neurodegenerative disorders. Additionally, the local efficiency metric signifies tolerance in a network to a node's removal i.e. a subgraph or a local network's vulnerability is related to the reduction of the local efficiency of its contributing regions or nodes (Latora and Marchiori, 2001; Medaglia et al., 2017). This is of special interest in view of the impact of neuropathological burden as measured by PET on connectivity (Cope *et al.*, 2018).

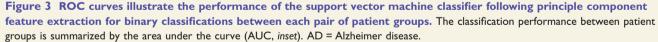
While network degeneration can be characterized at the microscopic level, or at the level of global brain function, we measured network dynamics at an intermediate scale, to reflect the regional variations in pathology in each of the five disorders. In the context of brain network dynamics, we confirmed the hypothesis that disorders that share a common underlying pathology have a similar spectral signature of altered connectivity, regardless of phenotype. This neurophysiological finding is distinct from the previously established relationships between the structural connectome, pathology and syndrome (Raj *et al.*, 2012; Zhou *et al.*, 2012).

Alzheimer's disease

Previous work in Alzheimer's disease models and patients has demonstrated reductions in relative spectral power in high beta-gamma bands (Poza et al., 2007), despite methodological differences between electrophysiological studies (Dauwels et al., 2010). For example, in a network analysis using EEG, Petersen et al. (2001) found small-worldness of networks in the gamma band correlated with cognitive performance in prodromal Alzheimer's disease. Preclinical models have investigated the aetiology of these changes, including the analogous loss of gamma power and thetagamma coupling in cortical and hippocampal local networks in transgenic mouse models (Kurudenkandy et al., 2014). For example, amyloid- β suppresses power in the beta-gamma frequency range from entorhinal cortex and induces desynchronization of pyramidal cells with a shift of the excitatory-inhibitory equilibrium (Pena-Ortega et al., 2012; Kurudenkandy et al., 2014). Neurodegenerative disease processes not only reduce synaptic density on pyramidal cells, and their local interactions with inhibitory interneurons, but also reduce neurotransmitters such as GABA (Selkoe, 2002; Huey et al., 2006). Given the key role of GABA in driving the gamma response in humans (Muthukumaraswamy, 2014), our observations may result from neurochemical as well as structural changes in cortical networks, in typical Alzheimer's disease and PCA.

While PCA and typical Alzheimer's disease were both associated with similar changes in spectral density, they had different scalp distributions of abnormality that reflected the known distribution of underlying pathology, with a parietal peak for PCA and predominantly temporal distribution for typical Alzheimer's disease, in keeping with our principal hypothesis. The regional distribution of abnormal MEG-based connectivity cannot be equated with MRI or PET findings. For example, our planar gradiometers will be relatively insensitive to bilateral precuneus pathology in Alzheimer's disease by virtue of depth and orientation. The abnormal local efficiency in typical Alzheimer's disease also appears to be more extensive on the left, as has been noted before





(Long *et al.*, 2013), but such laterality effects should be viewed with caution, without inferring unilateral pathology: indeed by the stage of clinically diagnosed, symptomatic Alzheimer's disease, both amyloid and tau pathologies are likely to be bilateral and widespread (Jagust, 2016; Ossenkoppele *et al.*, 2016; Passamonti *et al.*, 2017). If spatio-temporal connectivity signatures are to provide a framework to understand multiple neurodegenerative disorders, complementary signatures are predicted for other pathologies and syndromes, to which we turn in the next section.

Frontotemporal lobar degeneration syndromes

We studied three syndromes associated with FTLD: bvFTD, navPPA and classical PSP (Richardson's syndrome). The clinicopathological correlation of PSP is very high, with 90–95% of cases due to a glioneuronal 4-repeat tauopathy (Litvan *et al.*, 1996; Frank *et al.*, 2007). Eleven of our PSP patients have since died, of whom seven donated their brain to the Cambridge Brain Bank: all seven had pathological confirmation of PSP. MRI studies reveal PSP-related

atrophy of medial frontal cortex (Ghosh *et al.*, 2012) and the loss of frontocentral local efficiency in Fig. 2 accords with this structural change. The MEG analysis revealed a selective loss in low frequency connectivity up to the high beta range.

NavPPA has weaker clinicopathological correlations, but it is also associated with tauopathy in the majority of cases, while a minority have TDP-43 pathology (Gorno-Tempini et al., 2011). Atrophy is typically not severe. BvFTD is the most neuropathologically diverse form, and may arise from 3-repeat or 4-repeat tauopathy or TDP-43 pathology (Boeve, 2007). The clinical syndrome is united by specific and severe layer II/III atrophy of temporal poles, plus moderate to severe atrophy of orbital and ventral frontal cortex (Hughes et al., 2015). Like PSP, both navPPA and bvFTD reduced the local efficiency in the delta and beta bands, but the spatial and temporal characteristics of these changes were specific, with near complete separation of bvFTD and navPPA from the other syndromes (Fig. 3) reinforcing the multimodal separation of Alzheimer's disease from navPPA (Hu et al., 2010).

During our classification procedure, bvFTD was not well separated from PSP, which is interesting in view of the phenotypic overlap, given that PSP can present cognitive and behavioural change and many patients with bvFTD later develop a supranuclear gaze palsy and/or parkinsonism (Burrell *et al.*, 2014; Coyle-Gilchrist *et al.*, 2016; Höglinger *et al.*, 2017). Here, both PSP and bvFTD were associated with loss of low frequency connectivity, in keeping with animal models of tau-mediated FTLD. For example, PLB2-tau mice show absolute power reductions in alpha band (9–14 Hz) in frontal and parietal locations (Koss *et al.*, 2016).

Network-based biomarkers of neurodegeneration

The connectivity approach is ideally suited to the distributed nature of neuropathology and the impact of disease on the axon and synapse. Covariance-based resting state networks identified from MEG/EEG are reliable and sensitive to a wide range of neurodegenerative diseases (Stam, 2010; Hughes and Rowe, 2013). However, our use of directed graphs, or effective connectivity embodying directionality, extends this work and accommodates potential asymmetries in large-scale brain networks. MEG and EEG allow one to identify reciprocal connections across a range of frequencies: this makes them well suited to characterize the impact of dementia on connectivity *in vivo*, while maintaining compatibility with invasive electrophysiological studies of networks (Muthukumaraswamy, 2014; Phillips *et al.*, 2015).

We used PDC to quantify connectivity, a method related to Granger causality. PDC estimates directional connectivity between regions based on their functional time series. An advantage of this method for MEG/EEG is that it is less sensitive to the field spread that otherwise inflates instantaneous correlation metrics (Baccalá and Sameshima, 2001; van Dellen et al., 2013; Colclough et al., 2016). When combined with the focal field-of-view of planar gradiometers, simulation studies confirm that multivariate autoregressive modelling minimizes field spread while remaining veridical to source-space interactions (Pereira et al., 2017). Indeed, our own simulations confirmed that this approach can recover average local efficiency of source-level networks, provided signal-to-noise ratio is sufficiently high (Supplementary Fig. 2). The use of sensor-level PDC avoids the extra assumptions that are needed to optimize the electromagnetic 'inverse problem' (Baillet et al., 2001). However, we acknowledge that planar gradiometers are only sensitive to relative superficial cortical activity, and we may have missed the effects of disease in deeper brain structures (such information might be present in magnetometer data, but would require source reconstruction to infer network properties).

PDC informed the graph theoretical measures of network function. Graph theory reveals fundamental properties of brain network organization in health and has shown homologous vulnerabilities across many neurological and psychiatric disorders (Stam, 2014). The network-level description supports comparisons across modalities, scales and disorders (Fornito et al., 2015). There are many measures of global network properties, such as small-worldness or global efficiency, but we focus here on local efficiency for two reasons. First, many neurodegenerative diseases are characterized by regional rather than global pathology. Second, it describes the local information transfer and resilience of a network. Third, previous studies have suggested that local efficiency, and its counterpart of local clustering, are impaired by neurodegeneration and can be sensitive to pathology even in the absence of focal atrophy (Stam, 2014). Recent neuroimaging-based network models have identified local network efficiency as one of the strongest indicators of underlying pathology in Alzheimer's disease and frontotemporal dementia (Medaglia et al., 2017). These properties make it ideal to elucidate the mechanisms of lobar neurodegenerative disorders with differing atrophic burdens (Seeley et al., 2009; de Haan et al., 2012a; van Dellen et al., 2013; Stam, 2014; Hughes et al., 2015). It should be noted that our measures of local efficiency are derived from directed, but binarized, connections. The direction of connections is important because it affects the local efficiency measure. It is possible that weighted (rather than binarized) connections would further inform graph metrics, but one cannot compare PDC values across different sending sensors, so binarization is required (which we implemented here by thresholding the highest 85% of PDC values).

There are limitations to our study. Severe atrophy is characteristic of typical Alzheimer's disease, PCA and bvFTD (Rabinovici *et al.*, 2007; Crutch *et al.*, 2012; Whitwell and Josephs, 2012), and this might influence the sensors' sensitivity to cortical sources and their

connectivity. However, focal cortical atrophy in PSP and navPPA is usually mild or absent (Cope et al., 2018), even though it can be evident in group studies (Ghosh et al., 2012; Mandelli et al., 2016). Moreover, a simple loss of sensitivity due to atrophy would not be a sufficient explanation of our results. The selective impairment of certain frequency bands suggests that our results are not merely a result of volume loss and increased distance from source to sensor: this is likely to affect all frequencies and be less reduced in PSP and navPPA (Bastos and Schoffelen, 2016). The frequency-specificity of group differences also argue against a simple model of cortical oscillatory dynamics in which higher frequencies are nested in low frequency oscillations (Lakatos et al., 2008; Lisman and Jensen, 2013). This may be due to the selective impact of Alzheimer's disease and FTLD on superficial and deep cortical layers, or to the selective breakdown of the neurochemical modulation of brain states (Uhlhaas and Singer, 2006; Murley and Rowe, 2018).

Our analyses focus on sensor space using planar gradiometers, rather than magnetometres or attempting to reconstruct source space activity. Several methods exist that reconstruct source space activity. However, the accuracy of these methods in conjunction with graphical network analysis is not yet established, and the good approximation of planar gradiometer topography to underlying cortical sources provides sufficient resolution to test our current hypotheses. Simulation studies confirm that multivariate auto-regression modelling is more robust in sensor space (Michalareas et al., 2013), while the use of lagged interaction measures from planar gradiometer data are less sensitive to field-spread (Pereira et al., 2017). Our own simulations provided further evidence that the analysis of sensor space graph metrics accords with source space generators of the data.

Another limitation is that our groups are defined by clinical diagnostic criteria, without pathological or genetic confirmation except for PSP. However, all our patient participants had well established disease, not peri-symptomatic or mild cognitive impairment. With this degree of severity, the clinicopathological correlations are high for PSP, typical Alzheimer's disease, and PCA. Pathology would be of interest in bvFTD to differentiate those with tau versus TDP43 pathology, although consensus clinical diagnostic criteria are reliable in separating bvFTD from Alzheimer's disease. There are potentially significant effects of age on MEGderived power spectra (Tsvetanov et al., 2015). These might confound the PCA results, being younger than other groups, although such age effects would not explain the spectral 'similarity' between PCA and typical Alzheimer's disease, or the differences between typical Alzheimer's disease and other groups.

In conclusion, the local efficiency of cortical networks was impaired by each of five neurodegenerative syndromes resulting from Alzheimer's disease and FTLD. The five disorders had distinctive profiles in terms of their distribution and frequency of oscillatory activity. Pattern classification using the spatiotemporal map of connectivity differentiated the five disorders. The frequency range of the loss of local efficiency was distinguished by the likely underlying pathology, while the anatomical distribution related to the clinical syndrome. These findings enrich preclinical models of the physiological consequence of neuropathology, and link clinical *in vivo* measures to preclinical models of degeneration. They also provide potential physiological biomarkers with which to assess pre-symptomatic network dysfunction in early stage disease and for tracking disease progression or disease-modifying therapies in experimental medicine studies.

Funding

This work is funded by the Wellcome Trust (103838) with additional support from the Medical Research Council (MC-A060-5PQ30, MC-A060-0046 and RG62761), Alzheimer's Research UK, the NIHR Cambridge Biomedical Research Centre including the Cambridge Brain Bank, the Association of British Neurologists (T.E.C.) and the James S. McDonnell Foundation Understanding Human Cognition Scholar Award (J.B.R.)

Supplementary material

Supplementary material is available at Brain online.

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